



**A Three-Day Community for Spiritual Formation**  
5pm on Tuesday 12<sup>th</sup> March – 2pm on Friday 15<sup>th</sup> March 2024  
Cliff College, Calver, Derbyshire, S32 3XG

Worship ~ Teaching ~ Silence ~ Reflection

with

**Rachel Mann**

## Views from the broken middle

Through a programme of worship, teaching, silence and reflection  
based on a Benedictine monastic pattern

### **The Community for Spiritual Formation**

creates transformative space for people to be in communion  
with God, self, others, and creation for the sake of the world.

## Views from the broken middle

Rachel writes: 'The world in which we live feels increasingly fragile and can leave us anxious, tired and over-exposed. Across five sessions, I will explore how it is possible to more richly and hopefully inhabit the 'broken middle': the facts and promise to be found in a messy, complex world. By treating with and embracing the broken middles of body, self, faith and world, it is possible to find joy and goodness in fragility'.



The Rev'd Canon Dr Rachel Mann is a priest, writer, theologian and broadcaster. She has written fifteen books, including the acclaimed 'Fierce Imaginings' and 'Dazzling Darkness', as well as a poetry collection and novel. She regularly contributes to Thought For The Day, Pause For Thought and a range of radio programmes. She is a member of the Church of England's Faith and Order Commission and a Visiting Fellow at Manchester Met University.

The Three-Day Community for Spiritual Formation  
will cost £395 per person

This includes full board in single accommodation, daily teaching  
and full use of the facilities at Cliff College.

Please see note below on bursaries. Payment in instalments is also an option.

To find out more or to request a registration form, contact the Registrar,  
Jill Baker 0141 959 7951 [fivedaycsf@btinternet.com](mailto:fivedaycsf@btinternet.com)

#### **Leadership team for this event:**

Jill Baker: Methodist local preacher living in Scotland.

James Bamber: Methodist minister living in Huntingdon.

Val Reid: Methodist minister living in Hertfordshire.

**Cliff College, Derbyshire** was, historically, a Methodist Lay Training College, which now provides theological education and training with a particular focus on mission and evangelism. Set in the Derbyshire Peak District, the college has extensive grounds amidst excellent walking country and fine views. [www.cliffcollege.ac.uk](http://www.cliffcollege.ac.uk) (inc. travel directions)



### Provisional Programme (times may vary)

#### Tuesday

5:00pm Registration opens  
 5:45pm Welcome & Grace  
 6:00pm Dinner  
 6:45pm Orientation  
 7:30pm Holy Communion  
 8:15pm Listening Circles  
 9:00pm Night Prayer  
 followed by the Great Silence  
 until Morning Prayer

#### Wednesday and Thursday

8:00am Morning Prayer  
 8:15am Breakfast  
 9:00am Presentation  
 10:00am Silent reflection time  
 11:00am Plenary sharing  
 11:45am Community time  
 12:30pm Lunch & free time  
 2:15pm Presentation  
 3:15pm Silent reflection time  
 4:15pm Plenary sharing  
 5:15pm Holy Communion  
 6:00pm Dinner  
 7:15-8:45pm Listening Circles  
 9:00pm Night Prayer  
 followed by the Great Silence until  
 Morning Prayer

#### Friday

8:00am Morning Prayer  
 8:15am Breakfast  
 9:00am Presentation  
 10:00am Silent reflection  
 10:45am Plenary sharing  
 11:15am Community time  
 11:30am Holy Communion  
 12:30pm Lunch  
 followed by departure

**Bursaries or grants** towards this kind of Spiritual Formation experience are often available. Do consider contacting your local church or regional church body. More information about possible grant funding is available on the Community Website <https://5daycommunity.com/>



**The Five-Day Community for Spiritual Formation**  
 operates as the British expression of  
**The Five-Day Academy**  
 for Spiritual Formation (<https://academy.upperroom.org/>).

This is one of the programmes offered by The Upper Room which is charged to be ecumenical and international in scope. It is a subsidiary of Discipleship Ministries, a general agency of the United Methodist Church, USA.

#### **Community for Spiritual Formation Trustee Board:**

Sheryl Anderson  
 Jill Baker  
 James Bamber  
 Kenneth Boyd-Browne  
 Catherine Dixon  
 Andrew Lightowler  
 Kristin Markay  
 Nicola Vidamour

Registered Charity Number: 1188824